



Parenting Teens Support Group

华裔家长心声交流小组

适用于 13-19 岁青少年的家庭

在这一月一次的华裔家长心声交流小组活动中，家长们将通过自我体验，分享教育青少年子女的挑战，家庭沟通的技巧和处理精神压力的方法

主题包括：

- 家庭沟通技巧
- 压力和应对策略
- 个案分析

咨询或报名，请联系：

Ting Ting Reuveny, TingR@impactnorthshore.ca or
Front Desk, office@impactnorthshore.ca or
604-988-2931

Program Highlights

Ongoing Monthly Sessions
9:30 am – 11:30 am

April 23, May 23, June 13, July 25, August 22, September 26, October 24, November 28, December 12 2024

January 23, February 27, March 13 2025

Facilitator: Ginny Wong, Registered Clinic Counsellor, Family Services of North Shore

Details:

This program is presented in Mandarin.

This workshop is open to Mandarin-speaking parents on the North Shore.

Online via Zoom

Details provided after registration.

To participate in this workshop, you must register as a client with Impact North Shore.

This program is government funded and free of charge.