



## Trail Talks: Heywood Park

Join us as we explore one of our local parks and learn together! Capilano University students will lead our time together.

- Learn about salmon-bearing streams
- Discover trail systems within our city
- Identify native plants versus invasive species
- Learn about Indigenous Traditional Ecological Knowledge
- Take home actionable steps to becoming stewards of our natural environments

Connect with other newcomers and long-term residents on the North Shore!

For more information and to register contact:  
Front Desk, [office@impactnorthshore.ca](mailto:office@impactnorthshore.ca) or  
604-988-2931

## Workshop Highlights

Tuesday, November 19  
1:30 pm – 3:00 pm

Trail Talks is a series of events combining learning and exploring on the North Shore.

Visit local parks and trails, and participate in discussions led by guest speakers from partner organizations on the North Shore!

Discover new ways to connect with people and events on the North Shore.

Families are welcome!

### Details:

This workshop will be presented in English.

This workshop is open to immigrants and newcomers.

**In-Person, Heywood Park**  
1633 MacKay Ave., North Vancouver

To participate in this workshop, you must register as a client with Impact North Shore.

This program is government funded and free of charge.