



Stay Safe, Stay Cool, Be Prepared for the Heatwave

安全度夏，保持凉爽，为热浪做好准备

参加本次讲座，学习在极端热浪期间保护自己和家人的简单方法。

主题包括：

- 高温安全
- 热浪期间的应急准备
- 避暑中心和社区资源
- 保护易受影响的家庭成员
- 可用的降温项目和经济援助方案

如需了解更多信息并报名，请联系：

Front Desk, office@impactnorthshore.ca or
604-988-2931

Workshop Highlights

Tuesday, July 28
1:00 pm – 3:00 pm

Join this workshop to learn practical tips for emergency planning, understand how to protect yourself and your family, and gain the knowledge to respond confidently to extreme weather conditions.

Guest speaker: Scott M., North Shore Emergency Management

Details:

This workshop will be presented in English with support in Mandarin.

This workshop is open to newcomers and im/migrants.

Online via Zoom

Details provided after registration.

To participate in this workshop, you must be registered as a client with Impact North Shore.

This program is government funded and free of charge.

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